To reserve a spot for class:

1. Go to services.recports.wisc.edu and click on log in in the top right corner:

2. Log in using your NetID (if you do not have a NetID, use the login below the red button)

3. Click on Programs

4. Under Classification, select Group Fitness

6. Select the type of class you want to register for (Cycling or Train 360)
7. Click the “Register” button for the specific class (day/time) you want to register for. Follow prompts to complete registration

Spin your way to fitness with a challenging ride set to motivating music.

Below are the different cycling class formats offered. Be sure to take special note of the times when registering as some vary from the typical 60 minute class.

- CycleBeatz: Wednesdays & Fridays 4:45pm-5:45pm
- 45 minute Cycling class: Saturdays 11:15am-12pm
- 75 minute Cycling class: Sundays 5:15pm-6:30pm

Check-in & Cancellation Policy:
Check-in for class is required. Check-in begins 15 minutes before class and ends 5 minutes before class.

Participants can cancel their registration for class online up to 2 hours prior to the class start time. A participant with a "no show" or "late cancellation" will be assessed a $5 fee and will be suspended from registering for future Rec Sports programs and classes until the fee is paid.
To cancel a reservation (available until 2 hours before class starts):

1. Go to services.recsports.wisc.edu and click on log in in the right hand corner.

2. Once you've logged in, click on your username in the upper right hand corner and select Profile.

3. Select Programs from the menu on the left side of the screen.

4. Click Cancel for the reservation you would like to cancel.